

First Aid at Work

Qualified First-aider's Certificate



The course

It is a requirement of the health and safety law that employers should provide a safe and healthy environment for their employees. If an assessment of your first aid needs identifies the requirement for qualified first-aiders, then the First Aid at Work (FAW) course will provide you with suitable, highly trained personnel.

This comprehensive three-day course will give the learner a qualification to the highest level of first aid, meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981.

The HSE recommends that in higher hazard workplaces an employer should have at least one first-aider trained in FAW for every 50 employed (or part thereof).

Outcomes

On successful completion the learner will be issued with a First Aid at Work certificate approved by the Health and Safety Executive (HSE). This qualification is valid for three years which can be renewed by completing the two-day re-qualification course. The HSE strongly recommends that all first-aiders attend an annual 3-hour refresher course.

Benefits to employer and employee

This course covers a wide range of first aid emergencies, enabling learners to deal with an emergency situation with confidence and in a prompt, safe and effective way.

Employers will meet their obligations under health and safety legislation and be confident that their employees can be given immediate help if they are injured or taken ill at work.

Assessment

All learners will be assessed by independent assessors on their ability to act safely, promptly and effectively for a casualty who is unresponsive, requires CPR and who is wounded and bleeding.



Factfile

Who is it for?

This course is for learners who wish to become a qualified first-aider in the workplace meeting the requirements of health and safety regulations.

Progression:

Following First Aid at Work training learners may undertake further health and safety related courses:

- Manual Handling
- Fire Marshall

Duration:

3 Days

Location:

Manchester and Warrington

Course fees:

£210 plus VAT

To book:

Freephone: 0800 389 5283

Online at www.mantralearning.co.uk

Email: enquiries@mantralearning.co.uk

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Course modules

The course is highly practical with plenty of hands-on exercises.

Day 1

| |
|------------------------------|
| What is first aid? |
| Legislation |
| Responsibilities |
| Primary survey |
| Secondary assessment |
| The respiratory system |
| Resuscitation |
| Disorders of respiration |
| Disorders of the circulation |

Day 2

| |
|-----------------------------------|
| Wounds and bleeding |
| Disorders of consciousness |
| Foreign objects |
| Burns and scalds |
| Bones, joints and muscle injuries |
| Poisoning |
| Incident management training |

Day 3

| |
|------------------------------|
| Bites and stings |
| Effects of heat and cold |
| Recap of casualty management |
| Recap of resuscitation |
| Incident management |
| Assessment |

Assessment

The final assessment process is divided into four sections and will be carried out by independent qualified assessors.

The Written Paper

This is a multiple choice question paper consisting of 12 questions. The pass mark is 75 % + (i.e. 9/12 or more).

CPR Assessment

The assessor will be looking at your ability to be prompt, safe and effective with a simulated unconscious non-breathing casualty.

Unconscious Casualty Management

The assessor will be looking at your ability to be prompt, safe and effective with an acting, breathing casualty who is unconscious.

Incident Management

The assessor will be looking at your ability to be prompt, safe and effective with a conscious acting casualty who is bleeding and who has sustained a secondary minor injury.

Annual refresher

Learners should attend an annual 3-hour refresher session in the second and third years following your initial qualification.

Re-qualification

After 3 years the learner must re-qualify by attending and successfully completing a 2-day HSE approved re-qualification course.



For further information FREEPHONE:

0800 389 5283

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