

# First Aid Appointed Person



## The Course:

For every 50 employees it is recommended that there is one appointed person, working in a low risk environment.

The Appointed Persons course covers eleven different key areas of first aid, allowing the learner to have a knowledgeable understanding of how to deal with different situations.

## Outcome:

On completion learners will be provided with the Health and Safety Executive (H.S.E) Appointed Persons Certificate, which is valid for 3 years. This will allow the candidate to take the skills that they have covered at Mantra Learning back to their workforce and benefit the organisation.

## Benefits to employer and employee:

Both learner and employer will benefit from a safer working environment:

Learners will be provided with a crucial knowledge of First Aid which will help them to prevent and rectify accidents.

Employers know that their staff are well prepared for any eventuality which will ultimately benefit the workforce.

- Introduction to First Aid
- Managing an incident
- Unconscious casualties
- Health and Safety Regulations
- Airway and breathing
- Breathing for the casualty
- Cardio Pulmonary Resuscitation (CPR)
- Bleeding from a wound
- Recovery position
- Burns and scolds
- Shock

## Factfile

### Who is it for?

The first aid appointed persons course is designed to provide a basic understanding of first aid practices.

### Progression:

Following first aid appointed training, there are a number of progression courses, such as;

- First Aid at Work
- Manual Handling
- Fire Marshal

These courses will help benefit both learners and employers.

### Duration:

1 Day

### Locations:

Manchester and Warrington

For further information **FREEPHONE**

**0800 389 5283**

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