

First Aid at Work Annual Refresher



The course

The HSE strongly recommends that all first-aiders attend an annual 3-hour refresher course. This includes learners who have taken the 3-day First Aid at Work certificate and the 1-day Emergency First Aid at Work course. This will help qualified first-aiders maintain their basic skills and keep up to date with any changes to first aid procedures.

Outcomes

On completion of the course the learner will be issued with a certificate of attendance to show they have complied with the HSE's annual refresher recommendation. After three years learners must either retake the Emergency First Aid at Work Course or undergo a 2-day First Aid at Work Re-qualification course to keep their qualification valid.

Benefits to employer and employee

Learners will refresh their knowledge of first aid principles and techniques and get the chance to practice their skills in realistic situations on simulated casualties.

Course content

- Responsibilities
- Primary survey
- Secondary assessment
- Resuscitation
- Wounds and bleeding



For further information FREEPHONE:

0800 389 5283

www.mantralearning.co.uk



Factfile

Who is it for?

First-aiders who have completed a First Aid at Work course and are required to undertake an annual refresher.

Progression:

Other courses that help employers to reduce risks within the workplace include:

- Fire Marshal
- Manual Handling

Duration:

One day

Location:

Manchester and Warrington or on site

Course fees:

£49 plus VAT

To book:

Freephone: 0800 389 5283

Online at www.mantralearning.co.uk

Email: enquiries@mantralearning.co.uk

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