

Safety in the Workplace

Fire Marshal & Manual Handling



Fire Marshal

This 1 day course is designed for those with a responsibility for work place fire evacuation under the regulatory reforms (Fire Safety Order 2005).

The Fire Marshal course will involve a mixture of classroom and practical based activities.

Learners will gain valuable knowledge of the correct evacuation procedures and storage of fire equipment through practical demonstrations.

Benefits

- Roles and Responsibilities
- Storage of equipment
- Maintenance and operation of equipment
- Using different fire extinguishers
- Evacuation procedures
- Risk assessing the workplace

Manual Handling

More than a third of all over-three-day injuries reported each year are caused by the transporting or supporting of loads by hand. Injuries most commonly linked with manual handling include sprains and strains, damage to the back and hernias.

Employers have a duty of care to ensure that manual handling hazards are identified, their risks assessed and steps are taken to control these risks.

This half-day course teaches correct techniques to lift heavy objects safely.

Content

- Health and safety legislation
- Principles of accidents
- Reducing risks
- Preventing accidents
- The anatomy and physiology of the human spine
- Common cause of back ache
- Key demonstrations and practices of base movement
- Risk assessment
- Practical participation in the workplace



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