

# Driver CPC Periodic Training



**All LGV drivers are required by law to complete 35 hours JAUPT approved training every 5 years.**

We have adopted a totally unique approach to delivering Driver CPC based on facilitated learning that is led by the drivers themselves.

The courses are focused on a 'Day in the life of a professional LGV driver'. We have dispensed with boring slide shows and instead use a series of videos, activities, tasks and quizzes. This achieves enhanced participation, interaction, understanding and learning, thus ensuring courses make a positive impact on driver performance.

We run both weekday and weekend courses at our centres in Manchester and Warrington. Courses can also be delivered at a customer's site.

**Nationwide Driver CPC delivery is also available via The National Logistics Academy network.**

Our market leading Driver CPC periodic training comprises of the following 7-hour courses;

- Smart Motorways
- Vulnerable Road Users
- Emergency First Aid at work (HABC accredited)
- Safe & Fuel Efficient Driving
- Safe Loading & Manual Handling
- Drivers' Hours & Tachographs
- Delivering Outstanding Customer Service
- ADR Certificate (21 hours Driver CPC)
- Tanker Awareness (7 hours Driver CPC)



**Mantra Learning deliver accredited Driver CPC programmes developed by The National Logistics Academy**

**THE NATIONAL LOGISTICS ACADEMY**

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# Driver CPC

## High quality courses that make impact on driver performance

### Smart Motorways

This driver education course has been developed in partnership between Highways England and the Freight Transport Association. Plans and projects for an increased number of smart motorways are in place to be delivered over the next few years. As such, they will become a more commonplace component of the driving environment and drivers need to be aware of how to use this new system effectively and safely.

### Vulnerable Road Users

In 2012 there were 14 cyclist fatalities in London, with 5 involving LGVs, highlighting the urgent need to reduce the dangers posed by LGVs to cyclists. The Vulnerable Road Users (VRU) course is based on the Transport for London (TfL) programme and candidates will gain an understanding of the changing streetscape and the urban environment, vulnerable road users and sharing the road safely, plus defensive driving techniques and actions in the event of an emergency incident.

### Emergency First Aid at Work

This one day course takes the learner through the responsibilities of a first aider; how to assess an incident; how to manage an unresponsive casualty; the respiratory system; and how to deal with wounds and bleeding, shock, seizures and minor injuries. The course can be accredited for delegates to become a fully qualified emergency first aider which is valid for three years.

### Safe & Fuel Efficient Driving

The widely acclaimed SAFED programme is recognised as a valuable tool for reducing fuel (by up to 10%), insurance and vehicle costs, whilst having a positive impact on environmental damage by reducing CO<sup>2</sup> emissions and pollutions. An effective means of improving operational efficiency.

### Safe Loading & Manual Handling

This course covers drivers legal responsibility and possible penalties, principles of load safety, load security equipment, dangers of high vehicles / low bridges, pre-load checks, securing loads, including curtain-sided trailers, vehicle stability, vehicle roll over and avoidance and the correct procedure for loading a vehicle.

### Driver's Hours & Tachographs

This two-part course provides candidates with the knowledge of working time to ensure they are aware of working periods specific to the transport industry. Ensuring drivers know the rules regarding rest breaks and working hours helps to develop a culture of safety and compliance, leading to a reduction in tachograph offences/infringements and corresponding costs. At the same time the course provides candidates with knowledge of regulations (EEC) 561/2006 and 3821/85.

### Delivering Outstanding Customer Service

Suitable for all drivers with a customer facing role, this course enables drivers to understand how they can help to protect and enhance their company image, improve their standards of service and understand how to deal appropriately with both internal and external customers. Aimed at ensuring that drivers conduct themselves in accordance with their company brand and values; improving relationships between their company and their customer.

### ADR Training (Initial and / or Refresher - up to 21 hours / 28 hours with Tanker Awareness)

Our ADR programme plays a key role in ensuring drivers understand their responsibilities and legislative obligations; equipping them with essential knowledge to transport dangerous goods safely and to respond correctly to emergency situations.

**DID  
YOU  
KNOW?**

- 20 % of crashes where cyclists were killed involved HGVs\*\*
- 59.5 % LGVs failed a roadside check on weight\*
- 12.4 % LGVs failed a roadside check on driver's hours\*
- 31 % LGVs received a PG9 at roadside mechanical check\*

\* statistics from Driver & Vehicle Standards Agency

\*\* statistics from Department for Transport